

Nesma & Partners Toastmasters Club

Club # 01014428, Area 60, Division F, District 79, Al Khobar, Saudi Arabia.

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Nesmanorama

TOASTMASTERS
INTERNATIONAL

Striving to Build Excellence.

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Message from the Patron

I take this opportunity to congratulate Nesma & Partners Toastmasters Club on the eve of publishing the 2nd issue of its newsletter "Nesmanorama".

I have observed that the members of this club have made a noticeable improvement in their communication and leadership skills. At different times, its members have earned laurels at the Area, Division and District level. I am glad to share the news that the club has achieved the Select Distinguished Club Award from Toastmasters International during the year 2009-2010.

The idea of publishing a newsletter on quarterly basis is a commendable job, which provides a nice platform to the members to exhibit their innovative ideas.



I would like to extend my best wishes to the Editorial Committee, the EXCOM and the members of the club for their efforts in bringing out this newsletter.

Dr. Marwan S. Gholmieh
Chief Executive Officer
Nesma Trading Co. Ltd.

Club President's Corner

It is a pleasure to note that our second edition of Nesmanorama Newsletter is underway. Great news is that after successful launching of the first edition, members and corporate staff are keen to contribute to the Newsletter in the form of news, articles etc, hence we have an issue with eight pages. For the Club, releasing of this Newsletter is just like a 'Dream come True'.

Congratulations to our new Editor, TM Afzal Ahmed for actively being involved in bringing out the second addition with full support from Editorial Chairman, TM Damodar Kalani and Sub-editor, TM Abdul Gaffar Shaikh.

Your valuable feedback will help us to improve and serve our readers in a better way. Keep reading our Newsletters regularly. As you know:

'Reading is to the mind, what exercise is to the body'.

Ravi Karkera
President

From the Editor's Desk

12 years ago I worked as a Sub-editor for two years for a 40pg monthly magazine published from Bangalore. But having changed my line to Logistics, I did not anticipate that once again I would be called upon to take over editorial work. Since this is something which I really like doing, it is indeed a great pleasure that an opportunity has come my way again via Nesma TM Club.

As the Editor of Nesmanorama for the term 2010-2011 I shall endeavor to bring out a worthwhile newsletter with the help and assistance of my committed editorial committee.

I am specially thankful to the immediate past president, TM Mohammed Safiullah for his immense help and technical assistance rendered to me for this issue. I am also thankful to the club President TM Ravi Karkera, the editorial committee and others who contributed their articles and offered useful suggestions. I am sure you are going to like this issue.

Afzal Ahmed
Editor

Message from Chairman



Welcome to the 2nd issue of Nesmanorama. As I write these lines, we are already into yet another glorious year of Nesma Toastmasters Club activities and it is a time to reflect. We are active on many fronts and have opened another front to get frequently connected with

Nesma family members located throughout the Kingdom. Publication of quarterly Nesmanorama combining Toastmasters club and Nesma corporate news is a step in this direction to bridge the communication gap, if any.

This time it is our endeavor to reach out to our people working on various projects, sites and offices through Nesmanorama. By the time you read this issue, Ramadan will be around the corner and I along with my team members wish you all a very happy Ramadan Mubarak. ■

Damodar M. Kalani
Chairman – Editorial Committee

So said the Guru!

"The key is not to prioritize what's on your schedule, but to schedule your priorities". - Stephen Covey (Management Guru)

First Impressions

Being a one minute speaker for the first time with Toastmasters; it was really an exciting opportunity, challenging and unforgettable.

George Ghazi
Dy CHRO



George Ghazi

Standing at the stage, talking to the audience, listening to the evaluator, it was really a great experience for me. I encourage all of you to be part of this club because it will help enhance your speaking skills.

Romel Jeries
Division Manager, Nesma Trading



Romel Jeries

I never knew that Toastmasters is such a good platform to help improve one's leadership and communication skills. Now, I am really enjoying each and every session. ■

Premanandan Kurunthil
Procurement Officer



Premanandan K.

The Power of Concentration

The Elephant and the Fly

A disciple and his teacher were walking through the forest. The disciple was disturbed by the fact that his mind was in constant unrest. He asked his teacher: "Why are minds of most people restless, and only a few possess a calm mind? What can one do to still the mind?" The teacher looked at the disciple, smiled and said: "I will tell you a story. An elephant was standing and picking leaves from a tree. A small fly came, flying and buzzing near its ear. The elephant waved it away with its long ears. Then the fly came again, and the elephant waved it away once more".

This was repeated several times. Then the elephant asked the fly: "Why are you so restless and noisy? Why can't you stay for a while in one place?"

The fly answered, "I am attracted to whatever I see, hear or smell. My five senses pull me constantly in all directions and I cannot resist them. What is your secret? How can you stay so calm and still?"

The elephant stopped eating and said: "My five senses do not rule my attention. Whatever I do, I get immersed in it. Now that I am eating, I am completely immersed in eating. In this way I can enjoy my food and chew it better. I rule and control my attention, and not the other way around."

Upon hearing these words, the disciple's eyes opened wide and a smile appeared on his face. He looked at his teacher and said: "I understand! If my five senses are in control of my mind and attention, then my mind is in constant unrest. If I am in charge of my five senses and attention, then my mind becomes calm". "Yes, that's right", answered the teacher, "The mind is restless and goes wherever the attention is. Control your attention, and you control your mind".

Moral: Concentration of our minds can help us to achieve our goals in a much better way. ■

Aftab Mulla
Nesma Accounts Dept.

Annual Awards Distributed

The following awards were instituted and distributed at the club's 3rd Anniversary function held on 4th June, 2010:

A. Toastmaster of the Year Award:

1. Shekhar Tiwari

B. Best Attendance Award

1. Alex Philip
2. Mohamed S Kadri
3. Afzal Ahmed
4. Shekhar Chander Tiwari
5. Damodar M Kalani
6. Riyadh Alalwan

Something to Ponder

"Everyone wants to shine like a Sun, but nobody likes to burn like a sun."

Educational & Other Awards

● Competent Communicator Award (CC):

- Previous Achievers: 4 members
- New Achiever: Afzal Ahmed

● Competent Leader Award (CL):

- Alex Philip



Alex Philip



Afzal Ahmed

- Our club has achieved the **Select Distinguished Club Award** for the year 2009-2010, for the first time.

- In the DTAC 2010 held in Kuwait our club has been awarded the **Effective Communicator Award**. Our club is the only one among 20 clubs under Division F to receive such award. ■

Tidbits

Congrats to:

TM Abdulrazaq Ali Al-Turki – LGET (Saudi Arabia), District 79

DTM Saif Ali Shaikh – LGM (Saudi Arabia), District 79

TM Shaila Koya – Division F Governor, District 79

TM Abraham Thomas, Area 60 Governor, Division F, District 79

TM Alex Philip, Area 60 Asstt. Area Governor – Marketing

TM Vasudev Warriar - Area 60 Asstt. Governor, Public Relation

For being elected for the term 2010-2011

TM Vasudev Warriar

3rd Place winner of Table Topics Contest at the Division F Conference 2010. ■

Study in Canada:

Congratulations! Having completed high school from International Indian School, Dammam, Dhananjay Damodar Kalani has been accepted by Dalhousie University, Halifax, Nova Scotia, Canada for Mechanical Engineering course 2010-2011. He left the Kingdom for Canada in June this year to undertake two months summer course and join the first semester in September 2010. We wish him all the best in his studies. ■



Shekhar S. Tiwari



Vasudev Warriar



Dhananjay Kalani

Marriages are made in Heaven!

Wishing a Happy & Prosperous Married Life to:

Murtuda Al Saffar,
HR Assistant.

Mohammed El Khouly,
Sr. Accountant, Finance Dept.

Abdulaziz Al Jeshi,
Sr. Accountant, Finance Dept.

Rasha Bou Alwan, D/o Mr. Ziad Bou Alwan,
Finance Manager, NEO. ■



Communication Problem!

An illiterate, dumb blonde asked her boyfriend:

"Darling, can I have a diamond brooch?"

Her boyfriend, well educated, replied, "Excruciating circumstances coerce me to preclude you from such an extravagance!"

The blonde, (not understanding) said, "I don't get it?"

The boyfriend replied, "That's just what I said!"

3rd Anniversary Celebrations



The 3rd Anniversary of Nesma & Partners Toastmasters Club was celebrated with due solemnity and fervor at Nesma Village on 04th June 2010.

The function was attended by the members of the club along with their family members. Besides, the dignitaries from Nesma and the Toastmasters fraternity also attended this memorable event.



The function was graced by the presence of Mr. Imad S. Gholmieh, C.E.O., Nesma & Partners as the Chief Guest and Mr. Milhim J. Ghulmiyyah, C.O.O., Nesma & Partners as the Guest of Honor. Ms. Tatiana Gholmieh, the daughter of Mr. Imad Gholmieh was the Special Guest. The dignitaries from Nesma companies & the Toastmasters fraternity included Mr. Eyad Ramadan, Mr. Bechara El Hayek, LGM (Elect) District Saudi TM Saif Ali Sheikh, Divn. F Governor TM Syed Faizulla, Area 60 Governor & Division F Governor (Elect) TM Shaila Koya, Club Mentor TM Feroz Fazal and veteran toastmaster DTM Lancy D'Souza.



The president of the club TM Mohammad Safiullah, in his welcome address, outlined the achievements of the club & its members. He expressed his thanks and gratitude to the club's EXCOM, members of the club, TM Governors, our Club Mentor and other senior Toastmasters and specially the management of Nesma for their cooperation, support, guidance and patronage.



The Chief Guest Mr. Imad Gholmieh, the Guest of Honor Mr. Milhim Ghulmiyyah, Toastmasters Governors TM Saif Ali Shaikh, TM Syed Faizulla and TM Shaila Koya, in their speeches, appreciated the outstanding achievements of the club and lauded the roles of the club's Executive Committee and its members.

